

SIS30122 Certificate III in Sport, Aquatics and Recreation*



*This is a proposed unit selection subject to change pending approved VCAA program structures for 2024 enrolments.

The program is delivered as a VET in Schools Vocational Major (VM) program for Year 10 or Year 11 commencements for students aspiring to study and work in the sport and recreation industry. The aim of the program is to provide specific skills and knowledge with leadership, organisational and specialist activity skills developed through theory and practical sessions.

ACTIVITIES/TASKS

- Planning, coaching and officiating a range of sport and recreation sessions
- Participate in workplace health and safety, risk assessment and respond to emergencies
- Plan and conduct educational coaching session
- Participating in strength and conditioning programs for specific sports and general fitness
- First aid certificate

UNITS OF COMPETENCY

Units 1 & 2 (Core)

HLTWHS001 Participate in workplace health and safety

SISXEMR003 Respond to emergency situations

SISXFAC006 Maintain activity equipment

SISXCCS004 Provide quality service

Units 3 & 4 (Core)

BSBWHS308 Participate in WHS hazard identification, risk assessment and risk control processes

SISXIND011 Maintain sport, fitness and recreation industry knowledge

Units 1 & 2 (Electives)

SISXPLD002 Deliver recreation sessions

SISSPAR009 Participate in conditioning for sport

BSBPEF301 Organise personal work priorities

HLTAID011* Provide first aid

SISXIND012 Select and use technology for sport, fitness, and recreation work

SISXFAC007 Maintain clean facilities

Units 3 & 4 (Electives)

AHCPGD212 Conduct visual inspection of park facilities

SISXPLD004 Facilitate groups

SISSSCO001 Conduct sports coaching sessions with foundation level participants

*Students will be enrolled for the first aid unit with 1 SDO Training (RTO Number 41558). Their trainers will deliver the unit at NCAT and 1 SDO Training issues the Statement of Attainment.

LENGTH OF COURSE

VCE VM student attend for a half day per week (Feb-Nov) over two years. External students enrol through their home school.

ELIGIBILITY & PREREQUISITES

There are no pre-requisite entry requirements. However, an aptitude for physical activity is recommended. If you have individual needs, please contact the college.

Assessment for the HLTAID011 Provide First Aid requires students to be able to kneel on the ground to conduct CPR on mannikins as per the National Guidelines. If you have individual needs, please contact the college.

ASSESSMENT

The assessment involves a variety of methods including practical observations of work performance and evidencing written questions. The assessment of overall competence will be undertaken by a qualified assessor and students' competence judged using all the qualification's criteria.

Students will be given a fair and adequate assessment process that includes multiple opportunities to demonstrate competency.

BENEFITS OF TRAINING

The certificate gives students the knowledge and skills to enhance their employment prospects in the sport and recreation industries. Because it has a scored assessment for ATAR purposes, it can be one of the four main VCE subjects or provide a 10% contribution as the fifth subject.

APPLICATION & ENROLMENT PROCESS

Students wanting to study full time at NCAT must arrange an interview phone 9478 1333. External students must complete two forms.

1. An Application Form given from home school for approval at the home school level.
 2. An NCAT RTO VET Enrolment Form available from the home school VET coordinator or at ncat.vic.edu.au or the Northern Melbourne VET Cluster website nmvc.vic.edu.au
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PATHWAYS

The course is a pathway to certificate, diploma and associated diploma level VET qualifications in sport and recreation and the fitness industry. Possible employment outcomes are providing support in the provision of sport and recreation programs and working in the health and fitness industry in fitness centres, outdoor sporting grounds or aquatic centres.

POLICIES

The NCAT VET and General Student Handbook on our website contains policies and procedures for access, equity, privacy, refunds, student conduct, recognition processes, access to records, complaints & appeals.
