

## SIS30115 Certificate III in Sport and Recreation



This course is for year 10-12 students aspiring to study and work in the sport and recreation industry. Students develop the leadership skills and knowledge to safely and effectively plan, conduct, officiate, coach and participate in a range of sport and recreation sessions. These may include: volleyball, Australian Rules football, soccer, indoor hockey, indoor cricket, netball, basketball, fitness circuits etc.

### ACTIVITIES/TASKS

- Planning, coaching and officiating a range of sport and recreation sessions
- Instructing a group fitness workout to improve individuals' fitness levels
- Plan and conduct educational programs
- Participating in strength and conditioning programs for specific sports and general fitness
- First aid certificate

### UNITS OF COMPETENCY

#### Units 1 & 2 (Core)

BSBWOR301 Organise personal work priorities and development

HLTAID011\* Provide first aid

HLTWHS001 Participate in workplace health and safety

ICTWEB201 Use social media tools for collaboration and engagement

SISXCA1003 Conduct non-instructional sport, fitness or recreation sessions

SISXCCS001 Provide quality service

SISXEMR001 Respond to emergency situations

#### Units 3 & 4 (Core)

BSBWHS303 Participate in WHS hazard identification, risk assessment and risk control

SISXCAI004 Plan and conduct programs

SISXCAI006 Facilitate groups

SISXRES002 Educate user groups

SISSSCO001 Conduct sports coaching sessions with foundation level participants

#### Units 1 & 2 (Electives)

SISXFAC001 Maintain equipment for activities

SISXFAC002 Maintain sport, fitness and recreation facilities

SISSPAR009 Participate in conditioning for sport

\*Students will be enrolled for the first aid unit with 1 SDO Training (RTO Number 41558). Their trainers will deliver the unit at NCAT and 1 SDO Training issues the Statement of Attainment.

### LENGTH OF COURSE

The course is delivered a half day over two years from February to early November.

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## **ELIGIBILITY & PREREQUISITES**

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There are no pre-requisites.

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## **ASSESSMENT**

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The assessment involves a variety of methods including practical observations of work performance and evidencing written questions. The assessment of overall competence will be undertaken by a qualified assessor and students' competence judged using all of the qualification's criteria.

Students will be given a fair and adequate assessment process that includes multiple opportunities to demonstrate competency.

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## **BENEFITS OF TRAINING**

The certificate gives students the knowledge and skills to enhance their employment prospects in the sport and recreation industries. Because it has a scored assessment for ATAR purposes, it can be one of the four main VCE subjects or provide a 10% contribution as the fifth subject.

## **APPLICATION & ENROLMENT PROCESS**

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Students wanting to study full time at NCAT must arrange an interview phone 9478 1333. External students must complete two forms.

1. An Application Form given from home school for approval at the home school level.
  2. An NCAT RTO VET Enrolment Form available from the home school VET coordinator or at [ncat.vic.edu.au](http://ncat.vic.edu.au) or the Northern Melbourne VET Cluster website [nmvc.vic.edu.au](http://nmvc.vic.edu.au)
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## **PATHWAYS**

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The course is a pathway to certificate, diploma and associated diploma level VET qualifications in sport and recreation and the fitness industry. Possible employment outcomes are providing support in the provision of sport and recreation programs, and working in the health and fitness industry in fitness centres, outdoor sporting grounds or aquatic centres.

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## **POLICIES**

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The NCAT VET and General Student Handbook on our website contains policies and procedures for access, equity, privacy, refunds, student conduct, recognition processes, access to records, complaints & appeals.

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