

SIS30115 Certificate III in Sport and Recreation

Course Information Brochure



Description of Course

This course is for year 10-12 students aspiring to study and work in the sport and recreation industry. Students develop the leadership skills and knowledge to safely and effectively plan, conduct, officiate, coach and participate in a range of sport and recreation sessions. These may include: volleyball, cycling, rock-climbing, Australian Rules football, soccer, netball, basketball, fitness circuits etc.

Activities / Tasks

- Planning, coaching and officiating a range of sport and recreation sessions
- Instructing a group fitness workout to improve individuals' fitness levels
- Plan and conduct educational programs
- AFL Umpiring certificate and the opportunity to umpire a half time Auskick game on the MCG
- First aid certificate

Assessment

The assessment involves a variety of methods including practical observations of work performance and evidencing written questions. The assessment of overall competence will be undertaken by a qualified assessor and students' competence judged using all of the qualification's criteria.

Students will be given a fair and adequate assessment process that includes the option of an assessment re-sit. If students are still not yet competent after the re-sit then a fee will be charged, this will be the same as for RPL.

This certificate offers a study score in Year 12 through scored assessment. The study score can contribute directly to the ATAR as one of a student's primary four scaled studies or as the fifth or sixth study.

Eligibility and prerequisites

There are no pre-requisites.

Course Content

First Year Units 1 & 2

Compulsory

BSBWOR301	Organise personal work priorities and development
HLTAID003	Provide first aid **
HLTWHS001	Participate in workplace health and safety
ICTWEB201	Use social media tools for collaboration and engagement
SISXCA1003	Conduct non-instructional sport, fitness or recreation sessions
SISXCCS001	Provide quality service
SISXEMR001	Respond to emergency situations

**The First Aid unit is delivered by Premium Health RTO Number 104032 at NCAT.

Elective

SISXFAC002	Maintain sport, fitness and recreation facilities
SISXIND006	Conduct sport, fitness or recreation events

Second Year Units 3 & 4

Compulsory

BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control
SISSCO101	Develop and update knowledge of coaching practices
SISSPT303A	Conduct basic warm-up and cool-down programs
SISXCAI004	Plan and conduct programs
SISXCAI006	Facilitate groups
SISXRES002	Educate user groups

Benefits of this training

The certificate provides students with the knowledge and skills that will enhance their employment prospects in the sport and recreation industries. Because it has a scored assessment for ATAR purposes, it can be one of the 4 main VCE subjects or provide a 10% contribution as the fifth subject.

Pathways

This course is a pathway to certificate, diploma and associated diploma level VET qualifications in sport and recreation and the fitness industry. Possible employment outcomes are providing support in the provision of sport and recreation programs, and working in the health and fitness industry in locations such as fitness centres, outdoor sporting grounds or aquatic centres.

Course Fees

VET students from other schools have separate fee arrangements with their own schools for VET course costs. All training resources are provided when classes commence. NCAT students please see the Payment Form – Material Charges.

Length of the Course

The course is delivered a half day over two years from February to early November. You are provided with a schedule of delivery and training plan for completing assessment tasks for each unit.

Enrolment Process

Students enrolling as full time NCAT students must contact the college on Tel 9478 1333 for an interview. External students must apply through the VET coordinator at their home school and complete the enrolment form at the NCAT information evening.

Please note

For details regarding Access, Equity, Privacy Policy, Refunds Policy, Student Conduct, Recognition Processes, Access to Records, Complaints & Appeals Policy etc. please see the [VET& General Student Handbook](#) available on the NCAT website.

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