

## SIS30115 Certificate III in Sport and Recreation

### Course Information Brochure

#### Description of Course

NCAT Sport and Recreation is for year 10-12 students aspiring to study and work in the sport and recreation industry. Learning experiences include planning and conducting a range of sport and recreation sessions based on individual students' interests. These may include: volleyball, cycling, rock-climbing, swimming, tennis, pool lifeguarding, Australian Rules football, soccer, netball, basketball, baseball, fitness circuits etc. Students develop the leadership skills and knowledge to safely and effectively manage and facilitate a variety of sport and recreation sessions.

#### Activities / Tasks

- Planning, coaching and officiating a range of sport and recreation sessions
- Instructing a group fitness workout to improve individuals' fitness levels
- Completing a first aid certificate
- Plan and conduct an education presentation
- Coach and facilitate a group in a sporting context

#### Assessment

The assessment involves a variety of methods including practical observations of work performance and evidencing written questions. The assessment of overall competence will be undertaken by a qualified assessor and students' competence judged using all of the qualification's criteria.

Students will be given a fair and adequate assessment process that includes the option of an assessment re-sit. If students are still not yet competent after the re-sit then a fee will be charged, this will be the same as for RPL.

This certificate offers a study score in Year 12 through scored assessment. The study score can contribute directly to the ATAR as one of a student's primary four scaled studies or as the fifth or sixth study.

#### Eligibility and prerequisites

There are no pre-requisites.

#### Course Content

##### First Year Units 1 & 2

##### Compulsory

BSBWOR301	Organise personal work priorities and development
HLTAID003	Provide first aid
HLTWHS001	Participate in workplace health and safety
ICTWEB201	Use social media tools for collaboration and engagement
SISXCA1003	Conduct non-instructional sport, fitness or recreation sessions
SISXCCS001	Provide quality service
SISXEMR001	Respond to emergency situations

##### Elective

SISXFAC002	Maintain sport, fitness and recreation facilities
SISXIND006	Conduct sport, fitness or recreation events

## Second Year Units 3 & 4

### Compulsory

BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control
SISSCO101	Develop and update knowledge of coaching practices
SISSPT303A	Conduct basic warm-up and cool-down programs
SIXCAI004	Plan and conduct programs
SIXCAI006	Facilitate groups
SIXRES002	Educate user groups

### Benefits of this training

The certificate provides students with the knowledge and skills that will enhance their employment prospects in the sport and recreation industries. Because it has a scored assessment for ATAR purposes, it can be one of the 4 main VCE subjects or provide a 10% contribution as the fifth subject.

### Pathways

This course is a pathway to certificate, diploma and associated diploma level VET qualifications in sport and recreation and the fitness industry. Possible employment outcomes may include providing support in the provision of sport and recreation programs, and working in the health and fitness industry in locations such as fitness centres, outdoor sporting grounds or aquatic centres.

### Course Fees

VET students from other schools have separate fee arrangements with their own schools for VET course costs. All training resources are provided when classes commence. NCAT students please see the Payment Form – Material Charges.

### Length of the Course

The course is delivered a half day over two years from February to early November. You will be provided with a schedule of delivery and training plan for completing assessment tasks for each unit.

### Enrolment Process

Students enrolling as full time NCAT students must contact the college on Tel 9478 1333 for an interview. External students must apply through the VET coordinator at their home school and complete the enrolment form at the NCAT information evening.

### Please note

For details regarding Access, Equity, Privacy Policy, Refunds Policy, Student Conduct, Recognition Processes, Access to Records, Complaints & Appeals Policy etc. please see the [VET& General Student Handbook](#) available on the NCAT website.

RTO Number 6736

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